



## STAY CONNECTED

As you're mastering the MCH Leadership Competencies, stay updated with our quarterly MCH Alert that highlights new learning opportunities and training spotlights on hot topics:

[mchnavigator.org/connect/alert.php](http://mchnavigator.org/connect/alert.php)

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GEORGETOWN UNIVERSITY

Map your learning pathway with MCH Navigator's online

**SELF-ASSESSMENT**

# SELF-ASSESSMENT

## ABOUT

If you aren't sure where to begin learning, or you'd like to use a structured approach that ties training to personal and organizational goals, start by assessing your knowledge of and skills focused on the MCH Leadership Competencies.

The **MCH Navigator Self-Assessment** is an online tool that employs an automated 3-step process that can be used individually or as part of a group to:

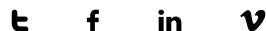
- **Identify your strengths and learning needs** by asking you to rate your knowledge of and skills in the 12 MCH Leadership Competencies and to assess the current importance of each for your professional role.
- **Match your learning needs to appropriate trainings** based on your current knowledge and skill level.
- **Receive a personalized learning plan** that specifies your goals, specific training needs, learning opportunities that address your needs, potential mentors and resources for guidance, time frames, markers of success, and strategies to keep you motivated to learn more.

Putting your goals, strategies, and time frame in writing will help you hold yourself accountable. The Learning Plan also can enrich the process of performance evaluation, demonstrating your commitment to building skills that help achieve organizational goals.

**Begin the MCH Navigator Self-Assessment by registering; return to your assessment at any time by logging in.**

[www.mchnavigator.org/assessment](http://www.mchnavigator.org/assessment)

@MCHNAVIGATOR



## HOW TO USE

The new online self-assessment provides a personalized learning plan and tracks increases in knowledge and skills longitudinally. It is being adapted by state Title V/CYSHCN departments as well as schools of public health to document advances in professional development.

**INDIVIDUALLY** - Register to take the full assessment in one sitting or by competency. Download, print, or have your personalized learning plan emailed to access learning opportunities based on your interests and needs. Log back in to retake the assessment to track growth in your knowledge and skills.

**AS A GROUP** - In state or local health settings to provide professional development for your staff or as part of your department's strategic goals or as part of their performance review process. To coordinate shared learning opportunities, by analyzing needs across staff. In an academic setting, to measure students' increased knowledge and skills, to supplement coursework, or to provide additional training for faculty and staff.

## IT'S EASY TO LEARN

1. **Register or Log In** - By registering, you can return to the assessment and your personalized learning plan at any time by logging in. Registration provides the project with critical information about who is using the tool.
2. **Choose 1 of 2 Options** - Take the assessment in one sitting or each competency individually. You can log back in to start where you left off. For each competency, you will be asked a series of questions to gauge their relevance to you and your knowledge/skills.
3. **Get Your Personalized Learning Plan** - You can save, print, or download your plan. The plan contains tips and questions on how to approach your learning; a chart that summarizes your strengths and areas of growth; online learning opportunities that are matched to your needs; and ways to keep motivated in learning. You can access your past results to see how you have grown professionally over time.