



# Using Values to Inform Mentoring

## The Trainee Ambassador Group (TAG)

Making Lifelong Connections 2018

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# Session Agenda

- Overview of the TAG
- TAG Activities
- MCH Connects
- Values and Mentoring
- Interactive Session
- Session Survey

# TAG Overview

## Goals

- foster connections between trainees across the MCH Training Program
- provide trainees with leadership development opportunities
- strengthen the link between trainees and MCHB



# What does the TAG do?



- Virtual Meetings
- Time with TAG
- LinkedIn Page
- Develop and Implement Ideas for Trainee Engagement
- TAG Talks
- MCH Connects

## Goal

The ultimate goal of maternal and child health (MCH) professionals is to enhance the health of MCH populations. In order to achieve this goal, MCH professionals continually seek ways to improve their professional skills and engage in interdisciplinary learning. The goal of **MCH Connects**, an initiative developed and managed by the Trainee Ambassador Group (TAG), is to facilitate connections between current and former trainees within and across MCH training programs so that they can engage in collaborative learning. By participating in MCH Connects, mentors and mentees have the opportunity to:

- Develop a positive working relationship and sense of commitment



- MCH Connects:  
<http://mchtraining.net/mentors/>
- Password: easy123
- [MCH Connects Webinar](#)  
(linked here and in notes)

# MCH Connects Bio



**Christina Gebel**

Mentor

[About](#) [Posts](#) [Comments](#)

**Member Type**

Mentor

**Training Program**

Centers of Excellence in MCH Education, Science, and Practice (Schools of Public Health)

**Current Availability**

Available

**Undergraduate Institution**

Saint Louis University

**Degree Earned**

Bachelor, Psychology & Theology

**Graduate Institution**

BU School of Public Health

**Degree Earned**

MPH

Contact Information

- Mentee vs. Mentor
- Availability
- Educational Background
- Contact Information
- Biography
- Areas of Interest
- Disciplines

# Session Exercise- Questions for Discussion

- *What is your comfort level with expressing your values: agitator, mediator, or held privately; and why?*
- *Are your values best positioned Upstream or Downstream?*
- *How do you respond or adapt when you have gone beyond your values “comfort zone”?*
- *How would you like your employer to describe cultural diversity?*

Sharing is Caring... Let's Share!

# Work Environment

What is your comfort level with expressing your values: agitator, mediator, or held privately; and why?

- Agitator: Advocating for personal values from outside the system  
Me Too Movement/Black Lives Matter/Union Organizer
- Mediator: Advocating for personal values in a joint effort with the system  
Nonprofit- Enroll America/KPMG- Fortune 500 Company
- Held Privately: Living your values in direct practice, one client at a time  
Crime Victim's Advocate/Nurse Practitioner in a Rural Clinic

# Work Content

Are your values best positioned Upstream or Downstream?

- The closer to the end user a position is, the further **downstream** it is said to be.
- Positions further away from the end user are considered to be **upstream**
- Public Policy vs. Direct Practice

# Intrinsic & Personal Values

How do you respond or adapt when you have gone beyond your values “comfort zone”?

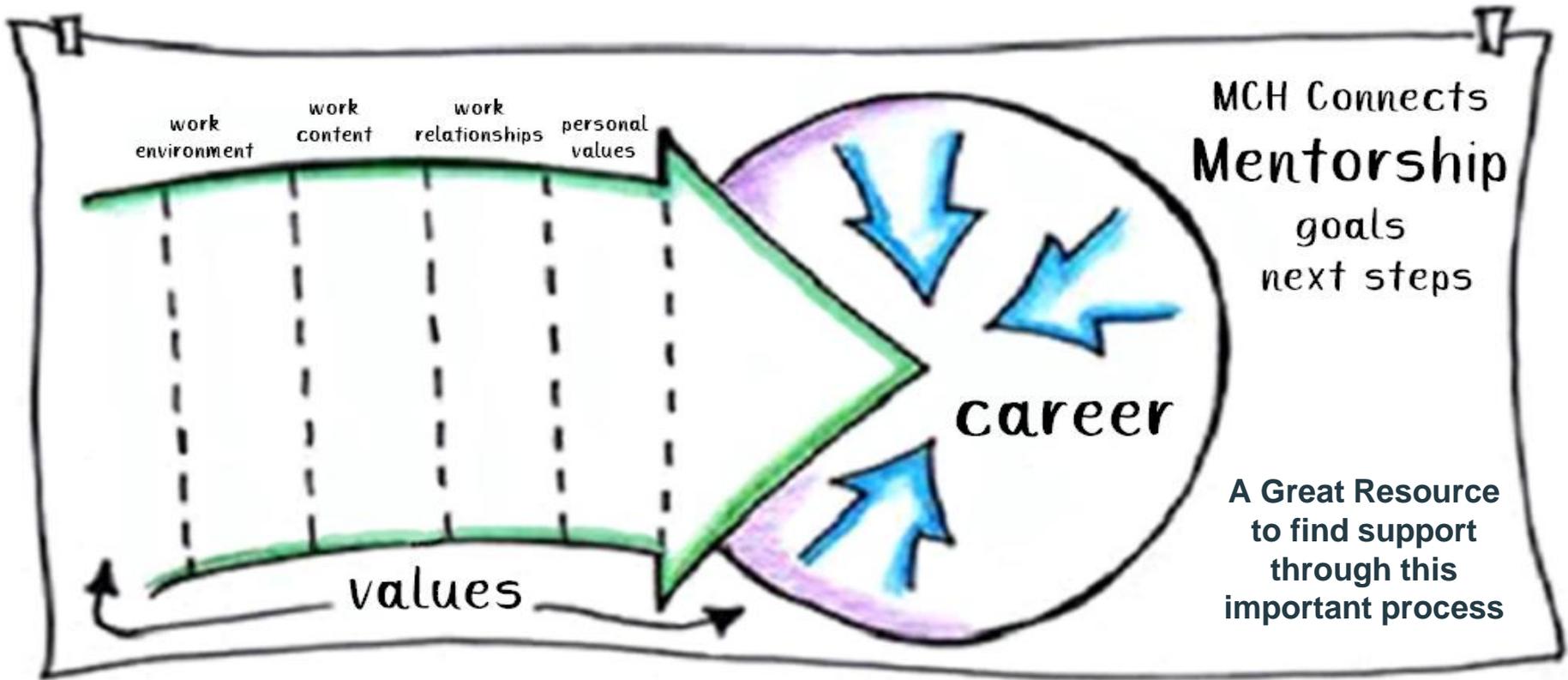
- Your work product will be used in a way that runs counter to your values
- A family's cultural values conflict with agency standards- How do you reconcile the differences to develop a healthy working rapport?

# Work Relationships

How would you like for your employer to describe cultural diversity?

- Is it the development of a diversity task force?
- Is it the number of women and/or minority races/ethnicities represented in the company?

# Pulling it all together



MCH Connects  
Mentorship  
goals  
next steps

A Great Resource  
to find support  
through this  
important process

# Additional Questions

- When determining your professional values, do you share them with a mentor for insight?
- If you are early in your career, how should you express your values?
- How do you find mentors/mentorship/mentoring relationships that align with your values?
- What if your values change in the middle of your current career/job?

Session Survey - <http://bit.ly/tagmlc18>

## If you have any questions:

- **For information about the TAG Program** email Julia Fantacone [MCH-TRC@altarum.org](mailto:MCH-TRC@altarum.org) or Claudia Brown [CBrown4@hrsa.gov](mailto:CBrown4@hrsa.gov)
- **For information about MCH Connects** email [mch.mentoring@gmail.com](mailto:mch.mentoring@gmail.com)

## Trainee Ambassador Group MLC 18 Plenary Session Survey Report

The MLC 18 Plenary Session Survey was completed by 72 attendees. 72 respondents (100 percent) completed the survey via mobile device.

### KNOWLEDGE ABOUT THE TAG

Before today's presentation, which of the following facts did you know about the TAG:

Value	Percent	Responses
The TAG is comprised of current and former trainees from the 8 MCHB-funded training programs	36.1%	26
I had never heard of the TAG	36.1%	26
The TAG is supported by MCHB's Division of MCH Workforce Development	33.3%	24
The TAG helps current and former trainees develop and enhance their leadership skills	31.9%	23
I had heard of the TAG but didn't know very much about it	31.9%	23
The TAG aims to improve communication and collaboration among current and former trainees	27.8%	20
The TAG helps former trainees maintain a connection to MCH after graduation	27.8%	20

The TAG is considering developing a marketing brochure that training programs can hand out during trainee orientation. Thinking back to your own trainee orientation, would this resource have been helpful? 65 respondents (92 percent) felt a marketing brochure would be helpful, giving the following justifications:

- They had not heard about the TAG until the end of their traineeship or later
- They do not have a good grasp on all of the resources and opportunities available for trainees
- It would be nice to have the TAG introduced, with a basic overview, prior to receiving information about the TAG application process.

### KNOWLEDGE ABOUT AND USE OF MCH CONNECTS

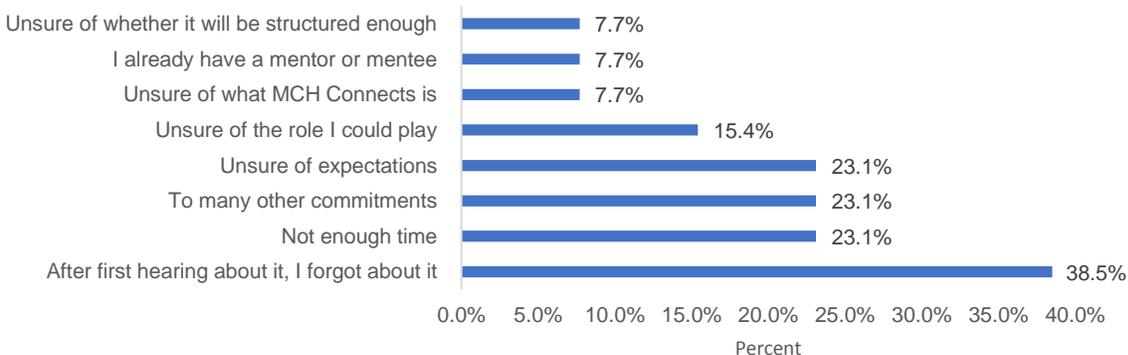
Before today's presentation, had you heard about the TAG-developed mentoring initiative, MCH Connects?

20 respondents (29 percent) had heard about the TAG. 50 respondents (71 percent) had not.

If you had heard about the TAG, have you developed a profile on MCH Connects?

7 respondents (35 percent) had heard about the TAG. 13 respondents (65 percent) had not.

If you had heard about the TAG, what has prevented you from creating a profile? (Respondents could select multiple)

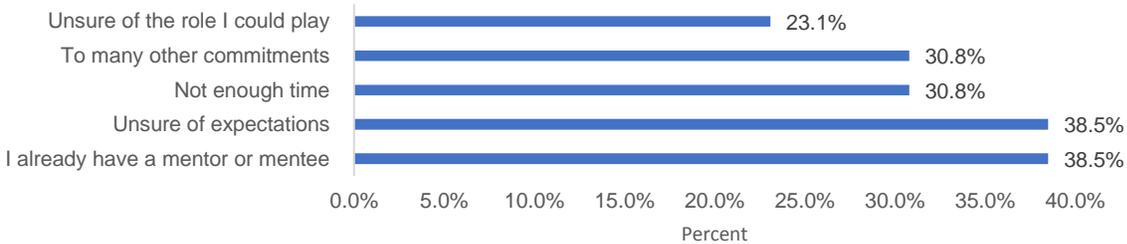


## Trainee Ambassador Group MLC 18 Plenary Session Survey Report

Now that you have heard about MCH Connects, do you plan to sign up?

25 respondents (50 percent) planned to sign up as a mentee. 12 respondents (24 percent) planned to sign up as a mentor. 13 respondents (26 percent) did not plan to sign up.

If you do not plan to sign up, please indicate why? (Respondents could select multiple)



### Looking to the Future

Would you be willing to give a presentation to your local cohort introducing MCH Connects and/or the TAG program?

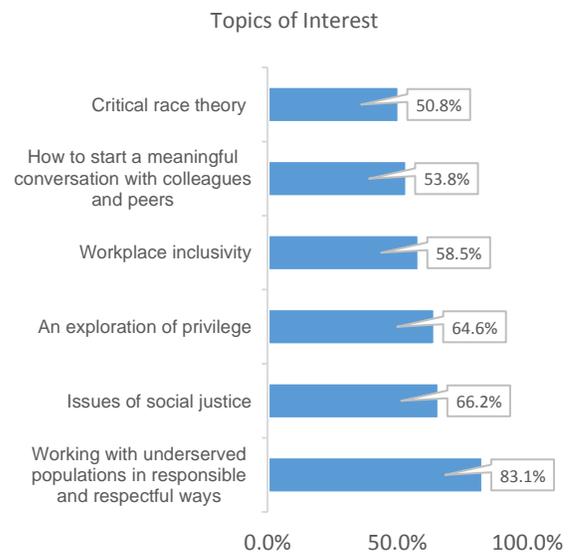
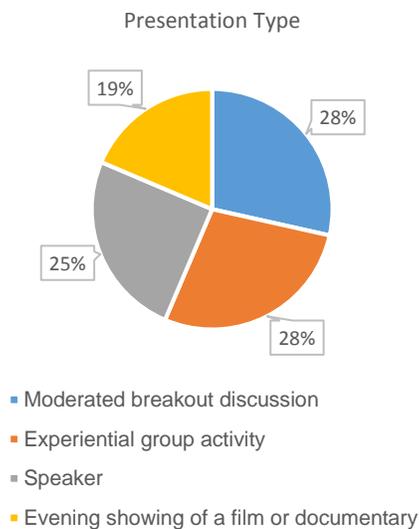
41 respondents (59 percent) were interested in giving a presentation to their local cohort. 29 respondents (41 percent) were not interested.

At the next MLC meeting, would you be interested in exploring the topic of cultural competency?

66 respondents (97 percent) were interested in exploring the topic of cultural competency. 2 respondents (3 percent) were not interested.

I would be interested in the following type(s) of presentation:

My topic(s) of interest include:



What other trainee engagement activities would you like the TAG to pursue/undertake?

- Meeting with trainees at AUCD conference
  - o Presentations on inclusion of professionals with disabilities
  - o Presentations from individuals with disabilities on their experience navigating systems
- Information on how to use the new MCH leadership competencies
- Information on how to embed social justice into your work after graduation
- Provide 1-on-1 technical assistance to help people set up their MCH Connect profile